White. 1626.

A new Almanacke and Prognostication for the yeere of our Lord God, 1626.

Being the second after the *Bissextile* or Leape yeere.

Calculated for the Meridian of the most Honorable Citie of London, and will serue generally for the Monarchie of great Brittaine.

By *Iohn White*, well-willer to the Mathematickes.

God said, Let there be Lights in the Firmament of Heauen, to separate the Day from the Night, and let them bee for Signes, and for Seasons, and for Dayes, and for Yeeres, &c.

LONDON
Printed for the Companie of *Stationers*.

The Beginning and Ending of the Termes, with their Returnes and Essoyne dayes, &c. For this yeare 1626.

Returne dayes, or dayes of Essoyne.	Dayes of Exception	Returna Brenium	Dayes of appearãce
Hillarie Terme begins the 23. of January, ends Febru. 12.			
Octabis Hillar. January 20.	Janua. 21	Janua. 23	Janua. 24
Quind Hillary January 27.	Janua. 28	Janua. 30	Janua. 31
Craſt. Purific. Febzuary 3.	Febzu. 4	Febzu. 6	Febzu. 7
Octab Purific. Febzuary. 9.	Febzu. 10	Febzu. 11	Febzu. 13
Easter Terme begins Apzill 26. ends May the 22.			
Quind. Paſch. Apzill. 24	Apzill. 25	Apzill. 26	Apzill. 27
Tres Paſch. May. 1	May. 2	May. 3	May. 4
Menſe Paſch. May. 8	May. 9	May. 10	May. 11
Quinq; Paſch. May. 15	May. 16	May. 17.	May. 19
Craſt. Aſcen. May. 15	May. 20	May. 20	May. 22
Trinitie Terme begins June the 9. ends June 28.			
Craſt. Trinit. June. 5	June. 6	June. 7	June. 8
Octa. Trinit. June. 12	June. 13	June. 14	June. 15
Quind. Trinit. June. 19	June. 20	June. 21	June. 22
Tres Trinit. June. 26	June. 27	June. 28	June. 29
Michaelmas Terme begins October 9. ends Nouember, 28.			
Octa. Mich. October. 6	Octob. 7	Octob. 9	Octob. 10
Quind. Mich. October. 13	Octob. 14	Octob. 16	Octob. 17
Tres Mich. October. 20	Octob. 21	Octob. 23	Octob. 24
Menſ. Mich. October. 27	Octob. 28	Octob. 30	Octob. 31
Craſt. Anima. Nouem. 3	Nouem. 4	Noue. 6	Noue. 7
Craſt. Mart. Nouemb. 13	Noue. 14	Noue. 15	Noue. 16
Octa. Mart. Nouemb. 18	Noue. 18	Noue. 20	Noue. 21
Quind. Mart. Nouemb. 27	Noue. 28	Noue. 29	Noue. 30

Note that the Exchequer openeth eight dayes before any Terme beginneth, except Trinitie Terme, which Terme openeth but foure daies before.

The common Notes and mooueable Feasts, according to the

Old Accompt.		Forraine Accompt.
12	The Golden Number.	12
11	The Cycle of the Sun.	11
12	The Epact.	2
9	The Roman Indiction	9
A	The Dominical Letter.	D
19 Februa.	Shroue-Sunday.	22 Februa.
22 Februa.	Ash-wednesday.	25 Februa.
9 April.	Easter day.	12 Aprill.
14 May.	Rogation Sunday.	17 May.
18 May.	Ascension day.	21 May.
28 May.	Whitsunday.	31 May.
3. Decem.	Aduent Sunday.	29 Noue.

Physicall Elections.

Take	Vomits.	The Moone or Signe in	♉	♏	♑
	Glisters.		♈	♎	♒
	Gargarismes.		♋	♈	
	Preparatiues.		♊	♎	♒
	Stop Rhumes & Fluxes		♉	♍	♑
	Purge by neezing.		♋	♌	♍

Fit times for Blood-letting.

Let blood the Sanguine, from the New Moone to the first Quarter.
The Cholerick, from the first Quarter to the Full.
The Flegmatick, from the New Moone to the last Quarter.
The Melancholy, from the last Quarter to the New Moone.

Dangerous times for Blood-letting.

It is dangerous to let blood in the heate of Summer, or cold of Winter, and when the Moone is in that Signe which gouerneth that part of the Body you would let blood. Likewise, within two dayes of the Change, or Full of the Moone, it is not to bee done without vrgent cause, as the Apoplexie, Squinancie, or such violent Maladies.

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22 Febr.	Ash-wednesday.	25 Febr.
9 Apr.	Easter day.	12 Apr.
14 May.	Rogation Sunday.	17 May.
18 May.	Ascension day.	21 May.
28 May.	Whitsunday.	31 May.
2. Decem.	Advent Sunday.	29 Nov.

Physicall Elections.

Take { Vomits. / Glisters. / Gargarismes. / Preparatiues. / Stop Rhumes & Fluxes / Purge by neezing. } The Moone or Signe in { ♉ ♍ ♑ / ♈ ♎ ♒ / ♋ ♈ / ♊ ♎ ♒ / ♉ ♍ ♑ / ♋ ♌ ♍ }

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The Anathomie of Mans Body, as the *parts of it are gouerned by the twelue Celeſtiall* Signes.

Aries, Head and Face.

Taurus, Neck and throat.

Gemini, Armes & ſhoulders

Cancer, Breſt and ſtomacke.

Leo, Hart and backe.

Virgo, Bowels & Belly.

Libra, Reynes & loynes.

Scorpio, Secret members.

Sagitarius The thighes.

Capricorn the knees

Aquarius The legs.

Piſces, the Feet.

The fierie Ram he ruleth Head and Face,
In Neck and Throat the Bull doth challenge place.
The ayrie Twins, they gouerne Armes and Hands,
The Breſt and Stomacke Cancer ſhee commands.
The luſtie Lion he hath Back and Heart,
Bowels and Belly is the Virgins part;
In Loynes and Reynes is Libraes liberties,
And Scorpio rules the Stones and Priuities:
The Thighes and Haunch is Sagitarius ſong,
And both the Knees to Capricorne belong:
Aquarius makes the Legs muchtaches feele,
And Piſces rules the Feete from Toe to Heele.

Warme Meates and Cloathes this Month are good
Take heede of Bathes and letting Blood.

1. day, Sun riseth at 8. and 0. min. sets at 4. and 0. min.
10. day, Sun riseth at 7. and 19. min. sets at 4. and 11. min.
20. day, Sun riseth at 7. and 34. min. sets at 4. and 26. min.

i	A	New ye. day.	Canc.	8		11	D
ij	b	Oct. Steph.	Canc.	20	● Ful moon	12	e
iij	c	Oct. John.	Leo.	2	the ii. day half	13	f
iiij	d	Oct. Innoc.	Leo.	14	an houre past	14	g
v	e	Edw. Depos.	Leo.	26	of the clock at	15	a
vi	f	Twelfth day.	Virg.	8	noone.	16	b
vij	g	Felix & Jan.	Virg.	20		17	c
viij	A	Lucian priest	Libr.	2		18	D
ix	b	Joyce Virg.	Libr.	14		19	e
x	c	Sol in Aquar.	Libr.	27	☽ Last quart.	20	f
xi	d	Linus mart.	Scor.	9	the x. day at	12	g
xij	e	Archad. mart.	Scor.	22	three of the	22	a
xiij	f	Hilarie Bish	Sag.	5	clocke in the	23	b
xiiij	g	Felix Priest.	Sag.	18	afternoone.	24	c
xv	A	Maurice.	Capr.	2		25	D
xvi	b	Marcel. Bish	Capr.	16		26	e
xvij	c	Anthony dep	Aqua.	0	● new moon	27	f
xviij	d	Prisca virg.	Aqua.	15	the xvij. day	28	g
xix	e	Wolstan. bish	Pisc.	0	halfe an houre	29	a
xx	f	Fab. & Seb.	Pisc.	14	after x. of the	30	b
xxi	g	Agnes Virg.	Pisc.	29	clock at night.	31	c
xxij	A	Vincent mar.	Aries	14		1	D
xxiij	b	Terme begin.	Aries.	28		2	e
xxiiij	c	Timothie.	Taur.	12	☾ First quar-	3	f
xxv	d	Con. of Paul	Taur.	26	ter the xxiiij.	4	g
xxvi	e	Policarp. bish	Gem.	9	day, at twelu	5	a
xxvij	f	Agnes the 2.	Gem.	23	of the clock at	6	b
xxviii	g	Valerius bish	Canc.	5	noone.	7	c
xxix	A	Theodore pr.	Canc.	18		8	D
xxx	b	Batild. Qu.	Leo.	0		9	e
xxxi	c	Saturnine.	Leo.	12		10	f

Milke, herbes and fennish foule dente,
Purge not, nor vse Phlebotomie.

1. day, Sun riseth at 7. and 13. min. sets at 4. and 46. min
10. day, Sun riseth at 7. and 56. min. sets at 5. and 4. min.
20. day, Sun riseth at 6. and 36. min. sets at 5. and 24. min

i	d	Brigd. Fast	Leo.	23	Ful moon	11	g
ij	e	Purif. of Ma	Virg.	5	the i. day half	12	a
iij	f	Blase Bish.	Virg.	17	an houre past	1	b
iiij	g	Gilbert Bish	Virg.	29	vi. in the mor	14	c
v	A	Septuagesima	Libr.	11	ning.	15	D
vi	b	Ved. & Amb.	Libr.	23		16	e
vij	c	Anguli bish.	Scor.	5		17	f
viij	d	Paul bish	Scor.	17		18	g
ix	e	Scholastica.	Sag.	0	Last quart.	19	a
x	f	Sol in Pisc.	Sag.	13	the ix Day a	20	b
xi	g	Sother bish.	Sag.	26	quarter of an	21	c
xij	A	Sexagesima	Capr.	10	houre after x.	22	D
xiij	b	Terme ends	Capr.	24	of the clocke	23	e
xiiij	c	Valentin	Aqua.	8	before noone	24	f
xv	d	Faustin & Jo	Aqua	23		25	g
xvi	e	Julian virg.	Pisc.	8	new moon	26	a
xvij	f	Policron	Pisc.	23	the xvi. day	27	b
xviij	g	Hugh Bish	Ari.	8	a quarter of an	8	c
xix	A	Why Wi	Ari.	23	hour past viii.	1	D
xx	b	Translacione	Taur.	7	in the mor=	2	e
xxi	c	79. Martyr.	Taur.	22	ning.	3	f
xxij	d	Ashwednsday	Gem.	5	First quart	4	g
xxiij	e	Policar.	Gem.	19	the xxii. day	5	a
xxiiij	f	Matthias Ap	Canc.	2	halfe an hour	6	b
xxv	g	Inn of Paul.	Canc.	15	past midnight	7	c
xxvi	A	Quadragesim	Canc.	27	that is thurf=	8	D
xxvij	b	Augustin Bi.	Leo.	9	day morning.	9	e
xxviij	c	Oswald Bish	Leo.	21		10	f

Note that 60. minutes maketh an houre, 30. minutes makes halfe an houre, and 15. maketh a quarter, &c.

Groſſe Meates doe hurt, vſe Foode thats fine;
Let blood and take ſome Medicine.

1. day, Sun riſeth at 6. and 19. min. ſets at 5. and 41. min
10. day. Sun riſeth at 6. and 1. min. ſets at 5. and 5 min.
20. day, ſun riſeth at 5. and 45. min. ſets at 6. and 19. min.

i	d	Dauid Biſh.	Virg.	3		11	g
ij	e	Chad Biſh.	Virg.	14	● Ful moon	12	a
iij	f	Ember week	Virg.	26	the ii. day 3.	13	b
iiij	g	Idzian Mar.	Libz.	8	three quarters	14	c
v	a	Focas.	Libz.	19	of an hour paſt	15	d
vi	b	Victoz. & vict	Scoz.	1	midnight.	16	e
vij	c	Perpetua	Scoz.	13		17	f
viij	d	Felix Mart	Scoz.	26		18	g
ix	e	10. Martyzs.	Sag.	8		19	a
x	f	Sol in Aries	Sagit.	21		20	b
xi	g	Quirian.	Capz.	5	) Laſt quart.	21	c
xij	a	Gregozi biſh.	Capz.	18	the x day half	22	d
xiij	b	Theodozus	Aqua.	2	an houre paſt	23	e
xiiij	c	Candide mar.	Aqua.	17	midnight.	24	f
xv	d	Longine. mar	Piſc.	2		25	g
xvi	e	Boniface biſh	Piſc.	17		26	a
xvij	f	Patricke.	Ari.	2	● new moon	27	b
xviij	g	Edw. King.	Ari.	17	the xvij. day	28	c
xix	a	Joſ. Ma. Huſ	Taur.	1	halfe an houre	29	d
xx	b	Cuthebert.	Taur.	16	paſt v. in the	30	e
xxi	c	Benedict	Gem.	0	euening.	31	f
xxij	d	Afrodiſe	Gem.	14		1	g
xxiij	e	Theodoze.	Gem.	28		2	a
xxiiij	f	Botulph. faſt	Canc.	11	(Firſt quar.	3	b
xxv	g	Aaun. of Ma	Canc.	23	the xxiiij day.	4	c
xxvi	a	Caſtoz Mart	Leo.	6	a quarter of	4	d
xxvij	b	Init. Re. Caroi	Leo.	18	an houre paſt	5	e
xxviij	c	Dozothe	Virg.	0	ii. in the after-	7	f
xxix	d	Quintine.	Virg.	12	noone.	8	g
xxx	e	Qutrine.	Virg.	24		9	a
xxxi	f	Adeline	Libz.	5		10	b

The Blood being hot, coole Hearbs now vse;
And Marches precepts not refuse.

1. day, Sun riseth at 5. and 18. min. sets at 6. and 42. min.
10. day, Sun riseth at 5. and 1. min. sets at 6 and 59. min.
20. day, Sun riseth at 4. and 43. min. sets at 6. and 17. min.

i	g	Gildard.	Libr.	17	☽ Ful moon	11	c
ii	A	Mary Egypt	Libr.	29	the i. day at vi.	12	D
iii	b	Richard. bish.	Scor.	11	of the clock in	13	e
iiii	c	Ambrose	Scor.	23	the euening.	14	f
v	d	Vincentius.	Sag.	8		15	g
vi	e	Sixtus Bish.	Sag.	18		16	a
vij	f	Euphemia.	Capr.	0		17	b
viij	g	Egillppus	Capr.	14		18	c
ix	A	Easter day	Capr.	27	☽ Last quart.	19	D
x	b	7. Virgins.	Aqua.	11	the ix. day at	20	e
xi	c	Sol in Taurus.	Aqua.	26	xii. of the clok	21	f
xij	d	Julius Bish.	Pisc.	11	at noone.	22	g
xiij	e	Fenon. Bish.	Pisc.	25		23	a
xiiij	f	Olysse.	Aries	10		24	b
xv	g	Oswald arch	Aries.	25		25	c
xvi	A	Isidore Bish.	Taur.	10	● new moon	26	D
xvij	b	Anicete.	Taur.	24	the xvi. day at	27	e
xviij	c	Eleuth. Bish.	Gem.	8	iii. of the clok	28	f
xix	d	Alphage. bish.	Gem.	22	in the morn.	29	g
xx	e	Victor. Bish.	Canc.	6		30	a
xxi	f	Simeon mart	Canc.	19		1	b
xxij	g	Mother virg.	Leo.	1		2	c
xxiij	A	Saint George	Leo.	14	☾ First quar.	3	D
xxiiij	b	Wilfrid.	Leo.	26	the xxiii. day	4	e
xxv	c	Marks Euan	Virg.	8	at vi. of the	5	f
xxvi	d	Terme begis	Virg.	20	clocke in the	6	g
xxvij	e	Anastatius	Libr.	2	morning.	7	a
xxviij	f	Vitalis mart	Libr.	14		8	b
xxix	g	Peter of Mil	Libr.	26		9	c
xxx	A	Dep. of Erb.	Scor.	8		10	D

Put Sage in drinke; drinke Mormewood wine;
Use Physicks helpe and rise betime.

1. day, Sun riseth at 4. and 25. min, sets at 7. and 35. min.
10. day, Sun riseth at 4. and 22. min. sets at 7. and 48. min
20. day, Sun riseth at 4. and 0. min. sets at 8. and 0. min.

i	b	Phil. & Jac.	Scor.	20	●	Ful moon	11	e
ij	c	Anastasius.	Sag.	2		the first day	12	f
iij	d	Inuen. Crof.	Sag.	15		half an houre	13	g
iiij	e	Christopher.	Sagit.	27		after ix. of the	14	a
v	f	Godard	Capr.	10		clocke in the	15	b
vi	g	Joh. port. lat.	Capr.	24		morning.	16	c
vij	A	John Beuer.	Aqua.	7			17	D
viij	b	Ippa. Mich.	Aqua.	21	☽	Last quar.	18	e
ix	c	Tran. Mich.	Pisc.	6		the viij. day a	19	f
x	d	Godian & E.	Pisc.	20		quarter of an	20	g
xi	e	Beda Priest.	Aries.	5		houre after vii	21	a
xij	f	Solin Germ.	Aries.	20		of the clock in	22	b
xiij	g	Eozena Wilh	Taur.	4		the euening.	23	c
xiiij	A	Hugar. fund.	Taur.	19			24	D
xv	b	Isidore	Gem.	3	●	new moon	25	e
xvi	c	Brandon bish.	Gem.	17		the xv. Day	26	f
xvij	d	Tran. War.	Cane.	0		at x. of the	27	g
xviij	e	Ascension day	Cane.	13		clocke in the	28	a
xix	f	Dunstan. con	Cane.	26		morning.	29	b
xx	g	Barnardine.	Leo.	9			30	c
xxi	A	Helen Qu.	Leo.	22	☾	First quar.	31	D
xxij	b	Terme ends.	Virg.	4		the xxii. day	1	e
xxiij	c	Deslder mar.	Virg.	16		iii quarters of	2	f
xxiiij	d	Tran of Fra.	Virg.	28		an houre past	3	g
xxv	e	Adelme Wish	Libr.	10		x. of the clocke	4	a
xxvi	f	Augustine.	Libr.	23		at night.	5	b
xxvij	g	German. Fast	Scor.	5	●	Ful moon	6	c
xxviij	A	Whitsunday	Scor.	17		the xxx. day	7	D
xxix	b	Michomede.	Scor.	29		halfe an hour	8	e
xxx	c	Petronile.	Sagit.	12		past x. of the	9	f
xxxj	d	Ember week	Sag.	24		clock at night	10	g

Let Phylitke goe, coole Herbs now rake:
Sweet drinkes and Venus now forsake.

1. day, Sun riseth at 3. and 51. min. sets at 8. and 9. min.
10. day, Sun riseth at 3. and 48. min. sets at 8. and 2. min.
20. day, Sun riseth at 3 and 51. min. sets at 8. and 9. min.

i	a	Nichomedes	Capr.	7		11	a
ij	f	Marcellus.	Capr.	20		12	b
iij	g	Erasmus.	Aqua.	4		13	c
iiij	A	Trin. Sund.	Aqua.	18		14	D
v	b	Bonifacius.	Pisc.	2		15	e
vi	c	Melon.	Pisc.	16	☽ Last quar=	6	f
vij	d	Wolstan.	Aries.	1	ter the vi. day	17	g
viij	e	Corpus Chr.	Arie.	15	a quarter of an	18	a
ix	f	Gerine began	Taur.	0	houre past xij.	19	b
x	g	Juan. confes.	Taur.	14	at midnight.	20	c
xi	B	Barnab. con.	Taur.	28		21	D
xij	b	Sol in Canc.	Gem.	12		22	e
xiij	c	Anthony con.	Gem.	26	● new moon	23	f
xiiij	d	Basil Bish.	Canc.	9	the xiij. day	24	g
xv	e	Vite & Mod.	Canc.	22	three quart. of	25	a
xvi	f	Transl. Ri.	Leo.	4	an houre past	26	b
xvij	g	Botulph.	Leo.	17	viij. at night.	27	c
xviij	A	Exuperius.	Leo.	29		28	D
xix	b	K. Iames born.	Virg.	12		29	e
xx	c	Edwar. tran	Virg.	24		30	f
xxi	d	Walburg	Libr.	6	☾ First quar.	1	g
xxij	e	Albane mart.	Libr.	18	the xxj. day at	2	a
xxiij	f	Audry.	Scor.	0	iij. of the clok	3	b
xxiiij	g	S. Iohn Bapt.	Scor.	13	in the euening	4	c
xxv	A	Trans of Eld.	Scor.	25		5	D
xxvi	b	John & Paul	Sag.	8	● Ful moon	6	e
xxvij	c	Crescentius.	Sag.	20	the xxix. day	7	f
xxviij	d	Cerine ends	Capr.	3	halfe an houre	8	g
xxix	e	Peter Apost.	Capr.	17	past ix. in the	9	a
xxx	f	Tom. of Paul	Aqua.	0	morning.	10	b

Eat Sallads fresh to coole the Blood;
And bathe in Riuers free from Mud.

1. day, Sun riseth at 4. and 0. min. sets at 8. and 0. min.
10. day, Sunriseth at 4. and 25. min. sets at 7. and 35. min.
20. day, Sunriseth at 4 and 43. min. sets at 7. and 27. min.

i	g	Oct. Io. bap.	Aqua.	14		11	c
ij	f	Visit of Mar	Aqua.	28		12	d
iij	e	Tran. of Tho	Pisc.	13		13	e
iiij	d	Tra. of Mary	Pisc.	27		14	f
v	c	Zoe Virgin.	Ari.	12	☽ Last quart.	15	g
vi	b	Oct. Peter.	Arie.	26	the vi. day,	16	a
vij	a	Thom. tran.	Taur.	11	halfe an hour	17	b
viij	g	Dep. Grimb.	Taur.	25	past iiij. in the	18	c
ix	f	Cyril, Bish.	Gem.	8	morning.	19	d
x	e	7. Bzeth. mar	Gem.	22		20	e
xi	d	Tra. of Ben.	Canc.	5	● new moon	21	f
xij	c	Nabor & Fel	Canc.	18	the xiij. day,	22	g
xiij	b	[illegible] Leo.	Leo.	1	a quarter of	23	a
xiiij	a	Reuel	Leo.	13	an houre past	24	b
xv	g	Swithin Tr	Leo.	25	viij. in the	25	c
xvi	f	Osmund tra	Virg.	7	morning.	26	d
xvij	e	Kenelm. king	Virg.	19		27	e
xviij	d	Arnolph bish.	Libr.	1	☾ First quar.	28	f
xix	c	Dog Day. beg.	Libr.	13	the xxj. day	29	g
xx	b	Marg. virg.	Libr.	26	a quarter of an	30	a
xxi	a	Praxed. virg.	Scor.	8	houre past ix.	31	b
xxij	g	Mary Mag.	Scor.	20	in the morn.	1	c
xxiij	f	Apoline bish.	Sag.	3		2	d
xxiiij	e	Cristin. Fast	Sag.	15	● Ful moon	3	e
xxv	d	James Apo.	Sag.	28	the xxviij. day	4	f
xxvi	c	An. Ma. mo.	Capr.	12	at vij. of the	5	g
xxvij	b	7. Sleepers	Capr.	25	clock at night	6	a
xxviij	a	Samson bish.	Aqua.	9	being eclipsed	7	b
xxix	g	Felix & Fel.	Aqua.	23	but not to bee	8	c
xxx	f	Abd. & Sen.	Pisc.	8	seene by vs in	9	d
xxxj	e	Germane.	Pisc.	23	England.	10	e

Flie Phyſicke and Phlebotomie;
Eſchew colde Baths and Venerie.

1. day, Sun riſeth at 4. and 33. min. ſets at 7. and 17. min.
10. day, Sun riſeth at 5. and 2. min. ſets at 6. and 58. min.
20. day, Sun riſeth at 5. and 18. min. ſets at 6. and 42. min.

i	c	Lammas day	Aries.	7	
ii	d	Stephen. Bi	Arie.	22	
iii	e	Inuē. Steph.	Tau.	7	
iiij	f	Juſtine	Taur.	21	☽ Laſt quar.
v	g	Gouries conſ.	Gem.	5	the iiii. day. iii
vi	a	Tran. of Chr.	Gem.	19	quarters of an
vii	b	Feaſt of Jeſ.	Canc.	2	houre after ix.
viii	c	Cir. & his fel.	Canc.	15	of the clobe in
ix	d	Roman. mar	Canc.	28	the morning.
x	e	Lauren. mart.	Leo.	10	
xi	f	Tiburt. mart	Leo.	22	● new moon
xii	g	Clare Virg.	Virg.	4	the xi. day iii
xiii	a	Sol in Virgo.	Virg.	16	quarters of an
xiiij	b	Euſebius.	Virg.	28	houre after ix.
xv	c	Aſſum. of Ma	Libr.	10	of the clocke
xvi	d	Roch mar.	Libr.	22	at night.
xvii	e	Oct Lauren.	Scor.	3	
xviii	f	Agapit. mar.	Scor.	16	☾ Firſt quar.
xix	g	Q. Bohe. born.	Scor.	28	ter the xx. day
xx	a	Lewis Biſh.	Sag.	10	a quarter of an
xxi	b	Bernard.	Sagit.	23	houre paſt one
xxii	c	Pziuatus.	Capr.	6	of the clock in
xxiii	d	Timoth. Faſt	Capr.	20	the morning.
xxiiii	e	Bartho Apo.	Aqua.	4	
xxv	f	Lewes King.	Aqua.	18	○ Full moon
xxvi	g	Deuerine	Piſc.	2	the xxii. day
xxvii	a	Rufine mar.	Piſc.	17	a quarter of
xxviii	b	Auguſtin biſh	Arie.	2	an houre paſt
xxix	c	Dog day end	Arie.	17	iij. of the clob
xxx	d	Felix & Jud.	Taur.	2	in the morn.
xxxi	e	Cuthbur. bir.	Taur.	16	

Now drinke Goats milke, on ripe Fruits feede;
If neederequire, Purge, Bathe and Bleede.

1. day, Sun riseth at 5. and 41. min. sets at 6. and 19. min.
10. day, Sun riseth at 6. and 1. min. sets at 5. and 59. min.
20. day, Sun riseth at 6. and 19. min. sets at 5. and 41. min.

i	f	Giles Abbot.	Gem.	1		11	b
ii	g	Anthony mar	Gem.	15	☽ Last quart.	12	c
iii	a	Ozdin, Gzeg.	Gem.	29	ter the ii. day	13	d
iiii	b	Tran of cuth	Canc.	12	iii quartrrs of	14	e
v	c	Bertine Ab.	Canc.	25	an houre past	15	f
vi	d	Eugenius	Leo.	7	v. of the clock	16	g
vii	e	Q. Eliz. bozn	Leo.	20	in the euening.	17	a
viii	f	Mat. of Mar.	Virgo.	2		18	b
ix	g	Gozgonius	Virg.	13	● uew moon	19	c
x	a	Silutus Bi.	Virg.	25	the x. day a	20	d
xi	b	Pzoth & Jac.	Libz.	7	quarter of an	21	e
xii	c	Martinian.	Libz.	19	hour after one	22	f
xiii	d	Sol in Libz.	Scoz	0	of the clock in	23	g
xiiii	e	Holy Crosse.	Scoz.	12	the afternoon.	24	a
xv	f	Edith. Virg	Scoz.	24		25	b
xvi	g	Lambert.	Sag.	6		26	c
xvii	a	Vict. & Coz.	Sag.	19	☽ First qnart.	27	d
xviii	b	Januari mar.	Capz.	1	the xviii. day	28	e
xix	c	Ember Week	Capz.	14	halfe an hour	29	f
xx	d	Fast.	Capz.	28	past iiii. of the	30	g
xxi	e	Mathew Ap.	Aqua.	12	clocke in the	1	a
xxii	f	Maurice	Aqua.	26	afternoone.	2	b
xxiii	g	Tecla virg.	Pisc.	11		3	c
xxiiii	a	Andoch mar.	Pisc.	25	● Ful moon	4	d
xxv	b	Firmin Bish.	Aries.	10	the xxv. day	5	e
xxvi	c	Cypz. & Just.	Aries.	25	iij quarters of	6	f
xxvii	d	Cos. & Dam.	Taur.	10	an houre after	7	g
xxviii	e	Exuper. Bish	Taur.	25	xi of the clock	8	a
xxix	f	Mich. Arch.	Gem.	10	in the forenoon	9	b
xxx	g	Hierome	Gem.	24		10	c

Strong Wines, hot Bathes, and Spice thats good
Preserues our health: purge and let blood.

1. day, Sun riseth at 6. and 26. min. sets at 5. and 24. min.
10. day, Sun riseth at 6. and 56. min. sets at 5. and 4. min.
20 day. Sun riseth at 7. and 13. min. sets at 4. and 47. min.

i	a	Remigius.	Canc.	7		11	D
ij	b	Leodigar ma.	Canc.	21	☽ Last quart	12	e
iij	c	Candide ma.	Leo.	4	the ij. day a	13	f
iiij	d	Francis	Leo.	16	quarter of an	14	g
v	e	P. Ch. tro Spa.	Leo.	29	houre after v	15	a
vi	f	Faith virg.	Virg.	11	in the mozn.	16	b
vij	g	Mart. & Ma.	Virg.	23		17	c
viij	A	Pelagie vir.	Libr.	4		18	D
ix	b	Terme begin.	Libr.	16	● new moon	19	e
x	c	Gerion & Vic	Libr.	28	the x. day half	20	f
xi	d	Michaelus B.	Scor.	9	an houre paſt	21	g
xij	e	Wilfred.	Scor.	21	vi. in the moz=	22	a
xiij	f	Sol in Scorpio	Sag.	3	ning.	23	b
xiiij	g	Otholy.	Sag.	15		24	c
xv	A	Wolfran.	Sag.	28	☾ Firſt quar	25	D
xvi	b	Michael mo.	Capr.	10	the xviij. day	26	e
xvij	c	Tran. of Eth	Capr.	23	a quarter of	27	f
xviij	d	Luke Euang.	Aqua.	7	an houre after	28	g
xix	e	Fridelwide	Aqua.	21	v. in the moz	29	a
xx	f	Auſtrebert	Piſc.	5	ning.	30	b
xxi	g	11000. virgin.	Piſc.	19		31	c
xxij	A	Mary Solo.	Arie.	4	○ Ful moon	1	D
xxiij	b	Roman. arch.	Arie.	19	the xxiiij. day	2	e
xxiiij	c	Waglozi Bi.	Taur.	4	at ix. of the	3	f
xxv	d	Criſp. & Criſ.	Taur.	19	clock at night	4	g
xxvi	e	Urſula virg.	Gem.	4		5	a
xxvij	f	Flozenc.	Gem.	18	☽ Laſt quart.	6	b
xxviij	g	Simon & Ju.	Canc.	2	the xxxj. day	7	c
xxix	A	Marciſſus.	Canc.	16	halfe an hour	8	D
xxx	b	German.	Canc.	29	after viij. at	9	e
xxxi	c	Quint.	Leo.	2	night.	10	f

From colde preserue thy Head and Feete;
Abstaine from Wine thats new and sweete.

1. day, Sun riseth at 7. and 34. min. sets at 4. and 26. min.
10. day, Sun riseth at 7. and 11. min. sets at 4. and 15. min.
20. day, Sun riseth at 8. and 30. min. sets at 4. and 30. min.

i	d	All Saintes.	Leo.	25		11	g
ij	e	All Soules	Virg.	7		12	a
iij	f	Winefrid	Virg.	19		13	b
iiij	g	Imantius	Libra.	1		14	c
v	a	Powder plac	Libr.	13	● new moon	15	d
vi	b	Leonard	Libr.	25	the vij. day	16	e
vij	c	Willfride.	Scor.	7	three quarters	17	f
viij	d	4. crowned.	Scor.	19	of an houre af	18	g
ix	e	Theodore	Sag.	1	ter midnight,	19	a
x	f	Martin.	Sag.	13	that is the ix.	20	b
xi	g	Martin bish.	Sag.	25	day in the mor	21	c
xij	a	Bul in Sagitar.	Capr.	7	ning.	22	d
xiij	b	Brice	Capr.	20		23	e
xiiij	c	Erkinwald.	Aqua.	3	☾ First quar.	24	f
xv	d	Macute bish.	Aqua.	16	the xvi. day a	25	g
xvi	e	Edmu. arch.	Pisc.	c	quarter of an	26	a
xvij	f	S. Hugh bish	Pisc.	14	houre after v.	27	b
xviij	g	Oct. Martin.	Pisc.	29	in the euening	28	c
xix	a	K. Charlemayne	Ari.	13		29	d
xx	b	Edmũd King	Arie.	28	○ Ful moon	30	e
xxi	c	Pres. of Mar.	Taur.	13	the xxiij. day	1	f
xxij	d	Cicely virg.	Taur.	28	a quart. of an	2	g
xxiij	e	Clement bish.	Gem.	12	hour after viij	3	a
xxiiij	f	Crisogon ma.	Gem.	26	in the morn.	4	b
xxv	g	Katherine	Canc.	10		5	c
xxvi	a	Linus Bish.	Canc.	24	☽ Last quart.	6	d
xxvij	b	Agricola.	Leo.	7	the xxx. day	7	e
xxviij	c	Terme ends	Leo.	20	halfe an houre	8	f
xxix	d	Saturn.	Virg.	3	past iij. in the	9	g
xxx	e	Andrew Ap.	Virg.	15	afternoone.	10	a

Use meates thats warme, hot Spice and Wine,
Inuite the Poore to sup and dine.

1. day, Sun riseth at 8. and 10. min. sets at 3. and 50. min.
10. day, Sun riseth at 8. and 11. min. sets at 3. and 49. min.
20. day, Sun riseth at 8. and 0. min. sets at 4. and 0. min.

i	f	Eligius Bi.	Virg.	27		11
ij	g	Libanius ma.	Libr.	10		12
iij	A	Idus dat Sun	Libr.	22		13
iiij	b	Barbara vir.	Scor.	4		14
v	c	Sabine Ab.	Scor.	16	● new moon	15
vi	d	Nichol. Bish.	Scor.	28	the viii. day a	16
vii	e	Oct. Andrew	Sag.	10	quarter of an	17
viii	f	Conc. of Ma.	Sag.	22	houre after vi	18
ix	g	Cyprian Ab.	Capr.	4	of the clock at	19
x	A	Eulalie vir.	Capr.	17	night.	20
xi	b	Damas. Bish	Aqua.	0		21
xii	c	Solin Capri.	Aqua.	13	(First quart.	22
xiii	d	Lucy virg.	Aqua.	27	the xvi. day	23
xiiii	e	Otholy Virg.	Pisc.	10	at one of the	24
xv	f	O Sapient.	Pisc.	25	clocke in the	25
xvi	g	Lazerus Bi.	Ari.	9	morning.	26
xvii	A	Gratian bish.	Arie.	24		27
xviii	b	Venetia virg	Taur.	8	○ Ful moon	28
xix	c	Emb. wacke.	Taur.	23	the xxii. day a	29
xx	d	Fast.	Gem.	7	qnarter of an	30
xxi	e	Thom. Apost	Gem.	21	hour after vii	31
xxii	f	30. Martyrs.	Canc.	5	of the clocke	1
xxiii	g	Vict. vir. fast.	Canc.	19	at night.	2
xxiiii	A	Candid.	Leo.	3		3
xxv	b	Christm. day.	Leo.	15	) Last qnar.	4
xxvi	c	S. Stephen.	Leo.	28	the xxx. day a	5
xxvii	d	S. John Ew	Virg.	10	quarter of an	6
xxviii	e	Innocents.	Virg.	23	hour after xii.	7
xxix	f	Tho. Becket.	Libr.	5	of the clocke at	8
xxx	g	James tran.	Libr.	17	noone.	9
xxxj	A	Silueste Bi	Libr.	29		10

White. 1626.

A Prognostication for this yeare of our Lord God, 1626.

Being the second after the Bissextile *or Leape-yeare.*

Wherein is contained the state of *the whole yeare, the disposition of* each Quarter, and the inclination of the Weather for euery quarter of the Moone throughout the whole yeare.

With the rising and setting of the Planets, husbandly aduertisements, and *other things fit to be knowne, both pleasant and profitable.*

Also, at the end of the Booke is the whole *Almanacke, for this yeare 1626. which* being cut out is fit to bee placed into a Table Booke, Booke of Accompt or other.

By *Iohn White* well-willer to the Mathematicks.

LONDON,
Printed for the Company of Stationers.
1626.

A briefe Computation of time compleat within this present yeare 1626.

Since the Creation to this yeare	5657
Since the Flood	3101
Since the Birth of Abraham	3648
Since the destruction of Sodom	3549
Since the Israelites departed out of Egypt	3144
Since the destruction of Troy	2810
Since London was built	2734
Since Yorke was built	2592
Since the building of Rome	2377
Since the last destruction of Ierusalem	1543
Since England receiued the Christian faith	1446
Since Egbirchus the first Monarch of England	824
Since the Conquest of England by Duke William	560
Since Pauls Church in London was built	540
Since London bridge was built with stone	450
Since the Inuention of Guns	246
Since the Art of Printing was inuented	166
Since the Conquest of Bulloigne by K. Henry 8.	82
Since the contagious or great sweat	75
Since the burning of Pauls steeple	65
Since the Royall Exchange was built	61
Since the Earles rebellion in the North	57
Since the Blazing-starre and sharpe winter	54
Since the Massacre in France,	54
Since the whole heauens seemed to burne	52
Since the former great Frost	62
Since the former deepe snow	47
Since the generall Earthquake	46
Since the Campe at Tilbury	38
Since the last great Plague at London	23
Since the last great frost	18
Since the last deepe snow	11
Since the last blazing star	8
Since his Maiesties returne from Spaine	3
Since K. Iames Coronation in Scotland July 29	59
Since his comming to London May 17	23
Since his Maiesties proclaiming	1

A briefe Declaration of the disposition of the foure Quarters of this Yeare 1626.

And first of Winter.

The Winter Quarter best doth prophanate,
To all degrees and sexes their estate.

Sol *in* Capricorne, Aquarius, Pisces.

THe Winter Quarter began (last yeare 1625) vpon the 12 of December, being Munday, and doth continue this yeare 1626 till the 10 day of March being Friday. This Quarter taketh his beginning when the Sun entreth into the first minute of the Hymall or winterly terrestriall signe ♑, and lasteth the time of the Syns progression through these three signes Capricorne, Aquarius, and Pisces.

The naturall and vsuall quallity of this quarter is to be cold & moist, (of direct contrary disposition to the Summer) and participateth of flegmaticke complexion, which element doth most predominate from three of the clocke in the afternoone till 9 at night: Now doe the windy gates of heauen breake open, causing the billows of the spacious Ocean to swell with rage, threatning to deuoure the sea-tost Mariner into her greedy wombe, the floods do rise, and the ayre is extreame cold, closing the pores of the earth, and taketh away the strength & vigour of all creatures: The beasts prouideth them a shelter, and serpents betaketh themselues to their dens fowles coueteth the warmest regions, & fishes inhabite the deepest waters for their most warmth & comfort, and whatsoeuer the cheerfull Spring and comfortable Summer doth bring forth & nourish, this quarter doth destroy & banish. The dryer & colder the winter is, the more wholsome, but ouermuch cold killeth trees in a warme Country: A winter moist & warme is an enemy to nature, and no friend to husbandry, but reasonable store of snow rankens the earth, & preserueth Corn,

And for the preſeruation of health, it is requiſite that we vſe ſuch meats which are of a hot and dry qualitie, and to expell the cold and vnwholeſome ayre with good fires, ſtrong wines, warme drinks, and comfortable broths: Alſo, be carefull to keepe the head and feet from wet and cold: yet can the body now digeſt more groſſe and ſtrong meats then in Summer, by reaſon that naturall heat is driuen into the inward parts (by the coldneſſe of the ayre) to comfort the vitall ſpirits, and to helpe digeſtion.

The ſicknes vſuall to this Quarter are theſe, or the like, as Cramps, Gouts, Coughs, Poſies, Palſies, Rhewme, Toothach, Fluxes, Cathars, Sciaticaes, ſore eyes, &c.

Of the ſecond part of the Yeare called the *Spring*.

The Spring compared is to Infancie,
To ſpring and grow in vertue till we dye.

Sol *in* Aries, Taurus, Gemini.

The cheerefull and comfortable Spring taketh his firſt beginning when the reſplendent Sunne entreth into the firſt degree of the firſt Equinoctiall or Vernall Signe Aries, which is on friday the tenth of March, and continueth till (monday which is) the twelfth day of June, in which time he paſſeth through theſe three Signes, Aries, Taurus and Gemini.

The naturall qualitie of this Quarter is to be hot and moyſt, participating of the Sanguine Complexion, which Element hath greateſt gouernment from nine of the clock at night till three of the clock in the morning: Now are the Dayes and Nights of an equall length; And the cheerefull Sunne ſeemeth to ſmile vpon the face of the Earth, gently warming her benummed body, cauſing her to produce all kinde of Fruits, Flowers, Hearbs and Plants; and it is the moſt conuenient time to remoue diſeaſes of a long continuance, and to preuent

ſuch

ſuch as are like to enſue: Now the Fowles of the Ayre couple, Beaſts of the Earth increaſe, and Fiſhes of the Water doe multiply in aboundance, leauing the deepe to liue in more ſhallow places; And all Creatures ſeeme to reioyce and entertaine the Spring.

An ouerwet Spring increaſeth ſweeds, and cauſeth fruits to be ſcarce and rotten: It is neceſſary for our healths to vſe ſuch meats as are of a cold and dry qualitie, and let your drinke be more ſmall and cole then in Winter: Bathing, Bleeding, Purging and Sweating, are requiſite if need require.

The diſeaſes vſuall of this Quarter, are Meaſels, ſmall Pocks, Scabs, Puſhes in the face, Agues, Phrenſies, Euill, &c.

Of the third part of the Yeare called the *Summer*.

Like Man in his chiefe ſtate and luſtie yeares
The ripening Summer Quarter beſt appeares.

Sol *in* Cancer, Leo, Virgo.

The Summer Quarter taketh his beginning when the Sunne entreth into the firſt minute of Cancer, which is on monday the twelfth day of June, and continueth till he hath paſſed through theſe three Solſtitiall Signes, Cancer, Leo and Virgo, which Quarter endeth vpon wedneſday the 13. of September.

This Quarter is of nature hot and dry, participating of the Cholerick complexion, which element hath cheifeſt predomination from three of the clock in the morning, till nine before noone: Now the reſplendent Sunne hath mounted the higheſt grade of the Northerne Hemiſphere; heate is at the higheſt, floods at the loweſt, the Seas quieteſt, & the winds moſt calme; the Earth is now cloathed in her richeſt embroidery, bountifully diſtributing her riches for the vſe of all liuing creatures; the Flowers are in their beauty, and Fruits are in their prime, and the painfull Bee gathereth honey for future ſuſtenance;

and naturall heat is disperſed abroad vnto the exterior parts of the body, & man is not now ſo hot within as in winter, nor can he digeſt ſuch groſſe and ſtrong meats as then, yet the moſt ſmall and coole drinks are wholeſomeſt & fitter for our healths, and little ſtore of meat doth beſt ſuffice nature, and that which is boyled is the moſt conuenient, and take ſuch things as are of a cold and moiſt nature: A wet Summer putrifieth fruit and deſtroyeth graine.

The diſeaſes, vſuall to this quarter are Peſtilence, feuers, iaundies, Agues, paine in the head and belly.

Of the fourth part of the yeare, called *Autumne*, or *Harueſt*.

As Autumne ſtoales the ſap from tree and flower,
So Death comes creeping neerer euery houre.

Sol *in* Libra, Scorpio, Sagitari.

AVtumne, Harueſt, or the fall of the leafe, beginneth when the ſun entreth into Libra, which is on Wedneſday the 15 of Sept. and continueth till Tueſday the 12 of December, in which time the ſun runneth through theſe three ſignes, ♎, ♏, ♐, making the ſecond Equinoctiall.

By nature this quarter is of a cold and dry quality, taking part of the melancholly complexion, which element hath moſt predomination from 9 a clocke in the morning, till 3 afternoone. Now are the daies & nights againſt of equall length, and the painfull husbandman reapeth the fruits of his former labours, the graſſe is mowed, corne reaped, fruits are gathered, leaues do fall and flowers fade, and the face of the earth looſeth her former beauty, floods encreaſeth, ſprings decreaſeth, and all creatures looſeth their ſtrength & vigour, and the greateſt part of ſenſible creatures ſeeke them a ſhelter againſt the ſtormy enſuing winter. This of all the other quarters in the yeare is the moſt vnwholſome, ingendring

gendring diuers ſicknesſes, therefore beware of the morning and euening cold, and take ſuch things as are of a hot and moiſt nature.

The ſicknesſes of this quarter, are theſe, or the like, as paine in the kidnies, and backe, the ſtone, ſore eyes, melancholly, falling ſickneſſe, agues, fluxes of blood, fiſtulaes, ſpleene, Emrods, &c.

On the birth of King Iames, *and his children.*

The nineteenth of the Month King *Iames* was borne
Whom heauen with all beſt bleſſings doth adorne:
And on the nineteenth day Prince *Henry*,
Who liues in peace with Gods high Maieſty:
And Royall *Charles* was borne the nineteenth day,
For whoſe proſperity all good men pray:
With bright *Eliza*: our Kings ſiſter faire,
Vpon the nineteenth day did firſt breath aire.

Of the riſing and ſetting of the Planets, with the *diſpoſition of the weather for euery quarter of the Moone for this Yeare.* 1626.

Of Ianuary.

Saturne is ſouth Eaſt at ſun-ſet.
Iupiter is ſouth at ſun-ſet.
Mars is ſouth at ſun riſing.
Mercury riſeth a little before the ſun.
Venus is in the weſt at ſun-ſet.

Full moone on Munday the ſecond day 28 min: paſt 12 at noone, wet weather.

Laſt quarter on Tueſday the 10 day at 3 at clock in the afternoone, windy and wet.

New moone on Tueſday the 17 day, 32 min after 10 of the clocke at night, cold blaſts.

Firſt quarter on Tueſday the 24 day at 12 a clocke at noone froſt.

Of February.

Saturne riseth when the sun setteth. ♃ is south east at sun setting. ♂ is toward the south at sun rising. ☿ setteth a little after the sun. ☿ is with the sun.

Full moone on Wednesday first day, 22 min: past 6 a clocke in the morning, faire.

Last quarter on Thursday 9 day, 17 min past 10 before noone, snow or sleet.

New moone on Thursday 16 day, 19 min. after 8 in the morning, windy and wet.

First quarter on Wednesday 22 day, 34 min. past 12 at midnight.

Of March.

Saturne is in the west at sun rising. ♃ shineth bright in the east at sun setting. ♂ is toward the south at sun rising. ☿ & ♀ sets a little after the sun.

Full moone on Thursday the second day 42 min: after 12 at midnight, windy and cold.

Last quarter on fryday the 10 day, halfe an houre after midnight, tempestuous weather.

New moone on fryday the 16 day, 24 min: after 5 in the euening, faire.

First quarter on fryday the 24 day, 20 min. past two in the afternoone, windy and wet.

Of Aprill.

Saturne is south west at sun rising. ♃ riseth presently after sun set. ♂ is south east at sun rising. ☿ & ♀ sets with the sun.

Full moone on Saterday the first day at 6 at night, wet and windy.

Last quarter on Sunday the 9 day at 12 at noone, raging winds.

New moone on Sunday the 16 day, 3 min. after two in the morning, indifferent.

First quarter on Sunday the 23 day, 2 min. after 6 a clocke in the morning, faire.

Of May.

Saturne is past the south at sun rising. ♎ is toward the west at sun rising. ♂ and ☿ riseth before the sunne. ♀ sets with the sunne.

Full moone on Munday the first day, 22 min. past 9 a clocke in the forenoone, wet weather.

Last quarter on munday the 8 day, 14 min. after 7 at night, a darke sky.

New moone on munday the 15 day at 10 in the morning, windy and wet.

First quarter on munday the 22 day 46 min. past 10 at night, great winds & raine.

Full moone on Tuesday the 30 day halfe an houre after 10 at night, indifferent tempestuous.

Of June.

Saturne is toward south at sun rising. ♎ past south at sun rising. ♂ & ♀ riseth before the sun. ☿ sets after.

Last qu. on tuesday the 6 day 12 min after midnight, cloudy New moon on tuesday the 13 day 46 min after 8 at night, thunder & lightning. First quarter on wednesday 21 day 3 min: after 4 in the evening, haile with high winds. Full moone on Thursday 29 day, 26 min: after 9 in the morning, indifferent.

Of July.

Saturne is south east at sun rising

Iupiter is neere the south at sun rising.

Mars & Venus rise neere together before the sun.

Mercury sets with the sun.

Last quarter on Thursday the 6 day, 26 min: after 4 in the morning, bright daies.

New moone on Thursday the 13 day, 2 min. after 8 in the morning, thunder and raine, or I am deceived.

First quarter on fryday 21 day, 12 min. past 9 in the morning, temperate.

Full moon on fryday the 28 day (eclipsed) 50 mi. past 6 at night, coole winds.

Of

Of August.

Saturne ♂, ☿, & ☌ riseth in the east before the sun.
Iupiter is toward the south at sun rising.

Last quarter on Friday the 4 day 41 min: after 11 a clocke in the morning, temperate weather.

New moone on Friday the 11 day 44 min: after 9 of the clocke at night, faire.

First quarter on Sunday the 20 day 19 min: after one in the morning, pleasant weather.

Full moone on Sunday the 27 day 20 min: past 3 of the clocke in the morning, cloudy.

Of September.

Saturne, ♂, & ☿ setteth with the sun. Iupiter & Mercury riseth a little before the sun.

Last quarter on Saterday the 2 day 41 min: after 5 a clocke in the euening, lowring.

New moone on Sunday the 10 day 21 min: past one of the clocke in the afternoone, faire.

First quarter on Munday the 18 day 27 min: past 4 a clocke in the afternoone, cold weather.

Full moone on Muuday the 30 day 47 min: after 11 a clocke at noone, great winds.

Of October.

Saturne is westward at sun setting. Iupiter, ♂ and ☌ sets about the sun.

Venus shineth bright in the East before the sun.

Last quarter on Munday the 2 day 10 min, after 5 in the morning, windy and wet.

New moone on Tuesday the 10 day 34 min, after 6 in the morning, clouds with frost.

First quarter on Wednesday the 18 day 20 min: after 5 in the morning, windy.

Full moone on Tuesday the 24 day 53 min. past 8 at night, frost.

Last quarter on Tuesday the 31 day, 38 min, past 8 at night, faire.

Of

Of Nouember.

Saturne is past the south at sunsetting. ♃, ♂, and ☿ sets a little after the sun.

Venus shineth bright southeast before the sun.

New Moone on Wednesday the 8 day 41 min: after midnight, cloudy.

First quarter on Thursday the 16 day, 9 min. past 5 in the afternoone, cold raine.

Full moone on Thursday the 23 day, 17 min: after 8 in the morning, windy.

Last quarter on Thursday the ☌ day, 25 min. past 3 in the afternoone, frost.

Of December.

Saturne is south at sunsetting. ♃ & ♂ are westwards at sunsetting. ♀ is southeast at sun rising. ☿ riseth a little before the sun.

New moone on Friday the 8 day, 2 min: after 6 at night, euill weather.

First quarter on Saterday the 16 day at one in the morning, loftie winds.

Full moone on Friday the 22 day 33 min. after 7 at night, windy and wet.

Last quarter on Saterday the 30 day 12 min: after 12 at noone, winterlike weather.

The times of Mariage prohibited by our Church.

From Aduent sunday till ☌ daies after Twelfe day.
From Septuag. sunday, till 8 daies after Easter.
From the Ascension day, till Trinity sunday.

Of the Moones Eclipse this yeare, 1626.

An Eclipse of the ☽ will happen on the 28 of July being friday about 50 min. after 6 in the euening, but it will not be seene to vs, because it happeneth in our day, but to those in the East part of the world it shall plainly appeare, being at that time night to them: It is no great Eclipse, yet continueth from the beginning to the end one houre and 7 minutes, &c.

The

The beginning, continuance, and ending of the *Kings raignes since the Conqueſt, with the time how long it is ſince to this Yeare,* 1626.

The Kings names.	Began his raigne.	Raigned yee.	mo.	da.	Since their raignes.
Wil. Conq.	1066 Octob. 14	20	11	14	538 Septemb. 9
VVil. Rufu.	1087 Septem 9	12	11	17	525 Auguſt 1
Henry 1	1100 Auguſt 1	35	4	11	490 Decemb. 1
Stephen	1135 Decem. 2	18	11	8	471 Octob. 25
Henry 2	1154 Octob. 25	34	9	1	436 July 6
Richard 1	1189 July 6	9	9	0	426 Aprill 6
Iohn	1199 Aprill 6	17	7	13	409 Octob. 19
Henry 3	1216 Octob. 19	56	1	0	353 Nouem 16
Edward 1	1272 Noue. 16	34	8	6	318 July 7
Edward 2	1307 July 7	19	7	5	299 Ianuar. 25
Edward 3	1326 Ianua. 5	50	5	7	248 Iune 21
Richard 2	1377 Iuna 1	22	3	14	226 Septem. 29
Henry 4	1399 Septe. 29	13	6	3	213 May 20
Henry 5	1412 March 20	9	5	24	203 Auguſt 31
Henry 6	1422 Auguſt 31	38	6	8	165 March 4
Edward 4	1460 March 4	22	1	5	142 Aprill 9
Edward 5	1483 Aprill 9	0	2	18	142 Ianuary 22
Richard 3	1483 Ianua. 22	2	2	5	140 Auguſt 22
Henry 7	1485 Augu. 22	23	10	4	116 Aprill 22
Henry 8	1509 Aprill 22	37	10	2	80 Ianuary 28
Edward 6	1546 Ianua. 28	6	5	9	73 July 6
Mary	1553 July 6	5	4	25	69 Nouem. 17
Elizabeth.	1558 Noue. 17	44	4	15	24 March 24
K. Iames.	1602 Marc. 24	22	0	3	1 March 27
K. Charles	1625 March 27				

The Explanation of this Table.

NOte that euery King began his raigne the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall find your request.

As for example: If you would know when King Henry the viii. began his raigne, how long he raigned, and also how long it is since his raigne: find out first his name amongst the names of the Kings, and searching the row towards the right hand, you shall finde he began his raigne in the yeere 1509. the 22 of Aprill, and vnder the title of the time that they raigned, is 37 yeeres, 10 moneths, and 2 dayes: And looking forward in the same row where is 80. yeeres, Januarry 28. vnder the title of since their raigne, and so long it is since he died.

How to iudge what Weather will follow, by the rising and setting of the Sunne.

THe Sunne rising bright and cleare, signifieth a pleasant day. If he rise fiery red, it promiseth raine. If in his rising he be thinly ouercast with a cloud, it betokeneth foule weather. If the Sunne driue the clouds before him into the West, it signifieth faire weather. If at his rising there appeare a circle about him, and vanisheth away equally, it betokeneth faire weather. Also, if he setteth red, it signifieth faire weather. If at his setting he be of diuers colours, or clouds like water, it threatneth raine. If at the rising of the sun, his beames seeme red, or long, or incompassed with red clouds, it signifieth great winds. If at his setting there appeare a thick myst, or if it raineth in the euening, it threatneth very foule weather to follow.

Also,

Also, if the Sunne be spotted either greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, it signifieth a faire night to ensue. If the circle, or circles about the Sun be cleare, and of no continuance, looke for faire weather: If there be many circles, it signifieth winds: the redder they are, the more vehement winds. If the circles are here and there broken, & are thick and black, look for cold winds or snow: Or if he settle behind a great black cloud, raine followeth.

How weather is foreknowne by the Moone.

If the Moone the third day of her change, or three dayes before her full, or in the midst of the quarter, be found of pure light, nothing encompassing her, the ends directly, she promiseth faire weather, but bent to red colour, promiseth winds. The Moone pale, or somewhat black or thick, threatneth raine. When the Moone is fiue dayes old, marke the tips of her hornes, if they be blunt it signifieth raine: if sharpe pointed and pricking vpwards, great winds. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Starres.

If the Starres appeare of much light, and seeme to be of more bignesse and blazing then ordinarie, it betokeneth great winds and moysture in that part where they seeme so: and in winter great frosts. When dimme Starres apeare with long fiery tailes, it threatneth winds, and great drought: the more in number, the greater will be the effect. Also, when Starres seeme to shoot, or fall, it signifieth great winds in that place: If they seeme to shoot in diuers places, it signifieth diuers winds. If in all places, winds, thunder, and most tempestuous weather.

A short Instruction, and very necessarie to know the times and seasons when to Sow, and replant all manner of seeds for the Garden.

SOw Cabbages in February, March, or Aprill, in the wane of the Moone; and replant them in the Decrease.

Sow

Sow Cabbage Lettuse in Febzuary, March, oz July, the old of the Moone.

Sow Onions and Leekes, in Febzuary oz March, at the wane of the Moone.

Sow Beetes in Febzuary oz March, at a full Moone.

Sow Coleworts white and greene, in the middle of August, oz September. Plant the young ones in October, and set them againe in November.

Sow Parsneps in Febzuary, Apzill, oz June in a faire day.

Sow Radish in Febzuary, Apzill, oz June, in the increase of the Moone.

Sow Pumpions, Cucumbers, Mellons, and Gourdes, in Febzuary, March oz June, in a hot and faire day.

Sow Spinage in Febzuary oz March, in the old of the Moone.

Sow Parsely, Fennell, and Annis-seed, in Febzuary oz March, at the full of the Moone.

Sow white Cicozy in Febzuary, March, July, oz August, in a full Moone.

Sow Cardus benedictus in Febzuary, March oz May, when the Moone is old.

Sow Basill in March, in an old Moone.

Sow Purselaine in Febzuary, in the increase of the moon.

Sow Margeram, Violets, Time, Flower gentle, Rosemary, and Lauender, in Febzuary, March, oz Apzill, in the increase of the Moone.

Sow Garden-cresses, and Rocket, in Febzuary, at the increase of the Moone.

Sow Sauell in Febzuary oz March, at a new Moone.

Sow Coziander, and Bozage, in Febzuary oz March, in the increase of the Moone.

Sow Harts-hozne, and Samphire, in Febzuary, March, oz Apzill, in the old of the Moone.

Sow Gilliflowers, Harts-ease, and Wall-flowers, in March oz Apzill, in an old Moone.

Sow Cardons, and Artichokes in Apzill oz March, when the Moone is old,

Sow

Sow Chickweed, in February or March at full of the Moone.

Sow Burnet in February or March, when the Moone is old.

Sow Hisope and Saucry in March, when the Moone is old.

Sow double Marygolds in February or March, in the increase of the Moone.

Sow Larks-foot, Sparges and Sperage, in February, in an old Moone.

Sow white Poppy, and Balme Christi, in February or March, in the increase of the Moone.

Sow all manner of Corne the Moone increasing, she being in Cancer, Libra, or Aquarius.

Set or sow all kind of seeds, the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: but those seeds whose roots are round should be sowen three or foure dayes before or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe officiall members of the body of Man.

Things which are good to comfort the Head.

LIgnum Aloes, Marioram, Galingale, Muske, Rosemary, Roses, Camomill, Rew, Frankincense, Nutmegs, Hysope, Balme, Mints, Spike, and Gladen.

Things good for the Eyes.

Fenell, Celendine, Agrimony, Eyebright, Water Cruine, Roses, Cloues and cold water.

Things good for the Stomacke.

Nutmegs, Origanum, Coral, Wormewood, Quinces, Saffron, Olibanum, Agrimony, Fumetory, Cloues, Lignum Aloes, Coriander, Mastick, and Spodium.

Things good for the Heart.

Saffron, Cloues, Cinamon, Coral, Lignum Aloes, Mace, Mirabolans, Pearles, Marioram, Muske, Bugloss, Nutmegs, Borage, Rosemary, and Setwell.

Things

Things good for the lyuer.

Lyuerwort, great Raisons, Wezuewood, Agrimony, Saffron, Cloues, Endiue, Sanders, Fennell, Rose-water, Violets, Plantaine, Dragons, and Lettice.

Things good for the Lungs.

Almonds, Dates, Raisons, Maydenhaire, Licorice, Elicompane, Lungwort, Pistaces, and Penedies.

Meates hurtfull for the Teeth.

Nuts, Meates very hot, warme drinke, sweet meates and drinks, Radish rootes, hard meates, Bitter meates, Milke, much bowleting, Leekes, fat of Fish, Colewerts, and Lemmons.

Things hurtfull to the Eyes.

Garlick, Onions, Radish, Drunkennesse, Lecherie, sweet and thicke Wines, Salt meates, Colewoorts, all Pulse, Must, Wine, Dust, Smoake, Fire, and reading presently after Supper.

A Fingers breadth is foure Barly cornes in thicknesse: and an Inch three Barly cornes in length: A hands breadth foure fingers: A span is three hands breadth: A foote is foure hands breadth: A Geometricall pace is fiue foote: In English pearch is 16. foote $\frac{1}{2}$ A Furlong is 125. paces, or 605. foot: an English furlong is fiue hundred and threescore foote, or a hundred thirty two paces: A League is 1500. paces. An Italian mile is 1000 paces, or eight furlongs: A common Germane mile is 32. furlongs. An English mile is 8. furlongs: An Acre is 40. pearches in length, and 4. in breadth.

A short instruction for the Table following.

Note that the first Columne of rowe, containeth the names and number of Shires (Alphabetically, as well for the Welsh shires as for the others) The second of Cities, the third of Bishoprickes, the fourth of Castles, &c. How go straight in a line, And you shall easily finde the number. As for example: Buckingham-shire hath no Citie, no Bishoprickes, 11. Market Townes, 10 Castles, 185. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishopricks, Market-Townes, Castles, Parishes, Riuers, Bridges, Chases, Forrests, and Parkes, contained in euery particular Shire in the Kingdome of England.

Shires.	Cities.	Bishopricks.	Market-townes.	Castles.	Parishes.	Riuers.	Bridges.	Chases.	Forrests.
Barke shire.	0	0	11		140	3	7	0	3
Bedford shire.	0	0	10	C	16	1	6	0	0
Buckingh. shi.	0	0	11	C	185	2	14	0	0
Cambridg shi.	0	1	6	1	163	1	7	0	0
Cheshire.	1	1	9	3	68	9	19	0	2
Cornewall.	0	0	23	6	16	7	31	0	0
Cumberland.	0	1	8	15	58	20	33	0	3
Darby shire.	0	0	8	4	106	13	21	0	1
Deuon shire.	1	1	40	3	394	23	106	0	0
Dorcet shire.	0	0	18	9	248	4	29	1	2
Durrham.	0	1	5	4	62	11	20	0	0
Essex.	1	0	21		415	7	28	0	1
Glocester shi.	1	1	20		180	12	22	1	2
Hamp shire.	1	1	18	5	248	4	31	0	4
Hartford shi.	0	0	18	C	120	1	24	0	0
Hereford shi.	0	1	8	7	176	13	11	1	2
Huntington sh	0	0	5	1	78	1	5	1	1
Kent.	2	2	17	8	398	6	14	0	0
Lancashire.	1	0	8	(	36	33	24	0	1
Leceſtershire.	1	0	11	2	200	1	10	0	2
Lincolne shi.	1	1	26	2	630	9	15	0	0
Middlesex.	1	1	3	C	13	1	3	1	0
Northamtōsh.	1	1	11	2	326	5	24	0	3
Nottinghā sh.	1	0	11	0	168	5	17	0	1
Northumberl.	0	0	11	12	40	21	16	0	1
Norfolke.	1	1	26	0	660	3	150		0

Shires.	C.	Bi.	M.T.	C.	Par	R.	Br.	Ch	F.	Par
Oxford shire.	1	1	10	0	208	3	26	0	4	9
Rutland.	0	0	2	0	47		1	0	0	4
Shrop shire.	1	0	3	13	170	18	13	0	7	17
Sommerset sh	3	2	19	1	385	9	45	0	2	18
Stafford shire.	1	1	12	5	130	13	19	1	1	38
Suffolke.	0	0	8	1	464	2	32	0	0	27
Suffex.	1	1	18	1	312	2	10	0	4	33
Surrey.	1	0	7	0	140	1	7	0	1	17
Warwik shire	1	1	12	1	158	7	21	1	4	16
Westmerland.	1	0	4	6	26	8	15	0	0	39
Wilt shire.	1	1	21	1	304	5	31	1	2	19
Worcester shi.	1	1	7	3	152	5	13	1	9	16
Yorke shire.	1	1	49	14	563	36	62	4	2	72
Angleſey.	0	0	3	0	83	8	2	0	8	0
Brecknoc shi.	0	0	3	4	70	27	13	0	0	2
Cardigan shi.	0	0	4	0	77	26	9	0	0	0
Carmarthin sh	0	0	6	4	81	20	16	0	43	2
Carnaruon. sh.	0	1	5	3	73	17	6	0	1	0
Denbigh sh.	0	0	3	3	53	24	6	0	4	0
Flint shire.	0	1	3	4	24	4	2	0	0	2
Glamorgan sh.	0	1	7	12	151	16	6	0	0	5
Montgomery.	0	0	5	3	42	28	6	0	0	1
Monmouth sh.	0	0	6	7	142	15	14	1	0	8
Merionid sh.	0	0	3	2	34	26	7	0	0	0
Penbroke sh.	0	1	6	5	142	6	7	0	2	3
Radnor shire.	0	0	4	5	43	15	5	0	0	0

A Table to know for euer how long the Moone doth shine euery night.

The age of the Moon encreasing.	The houres and minuts that she shineth		The age of the Moon decreasing.
☽	*Houres.*	*Minutes.*	☾
1	0 1	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

How to vse this Table.

LOoke the age of the Moone in this Almanacke, or in some other made for this yeare, or any other to come, then seeke the same in this Table, which you shall find either in the increasing or decreasing and then in the middle Columne you shall without labour finde set downe the time of her shining

The explanation of a new and easie Kallender here following, for this preſent yeare. 1626.

NOte, that euery Moneth contayneth three Columnes or rowes (the Figures for the number of dayes excepted.) The firſt Columne toward the left hand, containeth the Week-dayes, and Sunday letters. The ſecond, the Signe wherein the Moone is euery day. The third, ſheweth the Change and Quarters of the Moone. Note that thee being placed thus (way, doth ſignifie the firſt Quarter. And this) way, the laſt Quarter. This ● the full Moone. And this ○ the new Moone. Note alſo, that the figure ouer the head of the Moone, ſignifies the houre of her Change. And the letter vnderneath, the time after noon, or after midnight: n ſtanding for afternoone till midnight: And m for after midnight till noone.

As for example, againſt the 9. day of Febuary being Thurſday, I finde the Moone in ♐ Sagitarie, and is thus) charactered, which is the laſt Quarter, at 10. of the cloeke in the morning, or after midnight (as is before ſaid.)

Note alſo, that at the head of euery Moneth is placed the riſing and ſetting of the Sunne, for the middle

of euery moneth. As for example: For the mid
March the ☉ Sunne riseth at 5. of the clocke, and
minutes, and setteth at fiue of the clocke, and two
minutes.

It containeth also the holy-dayes and Feasts, b
moueable and immoueable, with the beginning
ending of the Termes. As, Easter day is on the ni
of April. Whitsunday on the 28. of May. Te
begins on the 23. of January, and ends on the 13
February, &c.

A brief

A Briefe and easie Kalender for this yeare 1626. which being cut out, is fit to be placed into any Booke of Account, Table-booke or other: Conteyning the whole Almanack in a short Method, by *Iohn White*.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitary, ♑ Capricorne, ♒ Aquarius, ♓ Pisces. The ☉ new Moone. The ☽ firſt Quarter. The ● full Moone. The ☽ laſt Quarter. And A. the ſunday Letter.

Dayes.	Septe. ☉6.8. ☽5.52.	Octob. ☉6.4 ☽5.6.	Nouem. ☉8.0 ☽4.0.	Decem. 8.0 3.42.
1	♎ ♍ at 6	A ♑ a 5	D ♑	♐ ♑
2	♎ ♍ ☽	b ♑	e ♒	♐ ♒
3	A ♍ n	c ♑ n.	f ♒	A ♒
4	b ♏	d ♑	g ♒	b ♓
5	c ♏	e ♑	A ♒	c ♓
6	d ♑	f ♒	b ♒ at	d ♓ at
7	e ♐	g ♒	c ♓ 1.	e ♈ 6.
8	f ♒ at	A ♒ at	d ♓ O	f ♈ O
9	g ♒ 1.	b ♒ 6.	e ♈ n.	g ♉ p.
10	A ♒ O	c ♒ O	f ♈	A ♉
11	b ♒ n.	d ♓ n.	g ♈	b ♊
12	c ♒	e ♓	A ♉	c ♊
13	d ♓	f ♈	b ♉	d ♊
14	e ♓	g ♈	c ♊ a	e ♋ at
15	f ♓	A ♈	d ♊ 5.	f ♋ 1.
16	g ♈ at	b ♉ at	e ♋	g ♌ ☾
17	A ♈ 4.	c ♉ 5.	f ♋ n.	A ♌ m.
18	b ♉ ☾	d ♊	g ♋	b ♍
19	c ♉	e ♊ n.	A ♌	c ♍
20	d ♉	f ♋	b ♌	d ♎ at
21	e ♊	g ♌	c ♍ at	e ♎ 7.
22	f ♊	A ♌ at	d ♍ 8.	f ♏ ●
23	g ♋ at	b ♍ 9.	e ♎ ●	g ♏ n.
24	A ♋ 12	c ♍ ●	f ♎ n.	A ♐
25	b ♌ ●	d ♍ n.	g ♏	b ♑
26	c ♌ n.	e ♎	A ♏	c ♑
27	d ♍	f ♎	b ♐	d ♒
28	e ♍	g ♏	c ♑ at	e ♒ at
29	f ♎	A ♏ at	d ♒	f ♓ 12
30	g ♎	b ♏ n.	e ♒	g ♓ ☽
31		c ♑		n.

The Feaſt, Moueable and
moueable: with the Terme

Ianuary.	Peter Ap.
Newyeer D. 1	☽ Iuly
Twelfe day 6	Dog da. be
Term beg 23	Iames Ap.
February.	Auguſt.
Purif. Ma. 2	Gowries tra
Septuag. 5	Barthol. Ap.
Seraget. 12	Dog d.en.
Term end 13	September.
Shro Sun. 19	Mathew Ap.
Mathias Ap. 24	Michs. Arc.
Quadrages. 6	October.
March	Term beg.
Anun. Ma 25	Luke Euan.
	Sim. & Iud.
Aprill.	Nouember.
Easter day 9	All Saints
St. George 23	Powder plot
Mark Euā. 25	Term end
Term beg. 26	Andrew Ap.
May.	December.
Phil. & Iacob 1	Con. Sun.
Roga. Sun 14	cho. Apo.
Aſcen. day 18	Chriſtmas D.
Term end. 22	S. Stephen
Whitſund. 28	ohn Euan.
Iune.	Innocents
Trin. Sun. 4	
Term beg. 9	
St. Iohn Bap. 24	
Terme ends.	

FINIS.